

#### Financial stress affects lives

50%
...of Americans feel like they are living paycheck to paycheck¹

27%
...have no savings whatsoever²

...of Americans, could not handle a \$1,000 unexpected expense<sup>3</sup>

For the first time in history, most Americans don't believe the next generation will have better opportunities than they did<sup>4</sup>

# What does Financial Wellness have to do with your organization?



### Financial stress hurts your business

Financial issues are the number one cause of workplace stress<sup>5</sup>

Employees spend an average of 28 hours per month worrying about their finances while at work<sup>6</sup>

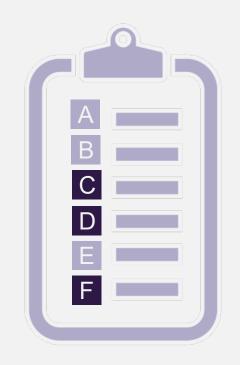
That costs companies \$5,000 per employee a year in lost productivity<sup>6</sup>

It's worrying that... ...of employees believe their employer has little concern for their financial well-being<sup>7</sup>

# How well do you understand personal finance?

In other words...

If you were to grade yourself on your knowledge about money—what **GRADE** would that be?



Half of Americans give themselves grades of "C," "D," or "F" on their knowledge of personal finance<sup>1</sup>

The research shows that, "fights over money is the #1 cause of divorce."

Why?

8 out of 10 people identify money as a **significant source** of stress in their lives. <sup>2</sup>

Regardless of income 58% of Americans are living paycheck to paycheck.<sup>3</sup>

#### **Sneak Peak!**

#### We'll help your employees to...





## Leading your employees to financial confidence

99.5%

...of participants would recommend Truist Momentum to others. Here's why:

1. Participants who live by a budget:



2. Participants with an Emergency Savings Account:



Before: After: Change: +102%

Before: After: Change: +44%

3. The number of participants who knew their net worth increased by:



4. Participants increased their investment contributions by an average of:



Before: After: Change: +348%



As a country, we are going in the wrong direction when it comes to managing our money

If we would like the world to change in some way, we must first expect that change from ourselves

# Interested in Learning More for Your Organization?

Email Ben Appel at ben.appel@truist.com



